

I LOOK JUST LIKE A PALM JUNCO

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BUT, I AM NOT A PALM!



I look just like
a palm tree.

But I am in the
Cyclanthaceae family
of plants.
I am not related to palm
trees !

Palms are in the
Arecaceae family



My name is
K'ala
In Q'eqchi'

Junco
(in spanish)

"Carludovica
palmate"
is my scientific
name.





My leaves can be used to wrap food.

My leaves make a nice green option instead of using chemical plastic.

Ironically I am world famous for being the material out of which "Panama hats" are made.



But I am writing my life story now, to show that I am edible and healthy for people in Alta Verapaz, Peten, and Izabal areas of Guatemala.

